

Kids' Health in the Gas Patch

Edward C. Ketyer, M.D., F.A.A.P.

Pediatric Alliance — Chartiers/McMurray Division

Editor: [The PediaBlog](#)

American Academy of Pediatrics Council on Environmental Health

Southwest Pennsylvania Environmental Health Project (Consultant)

Clinical Assistant Professor of Pediatrics, University of Pittsburgh School of
Medicine

ecketyer@gmail.com

Kids' Health in the Gas Patch



Edward C. Ketyer, M.D., F.A.A.P.
ecketyer@gmail.com

(Southwestern PA – Environmental Health Project)

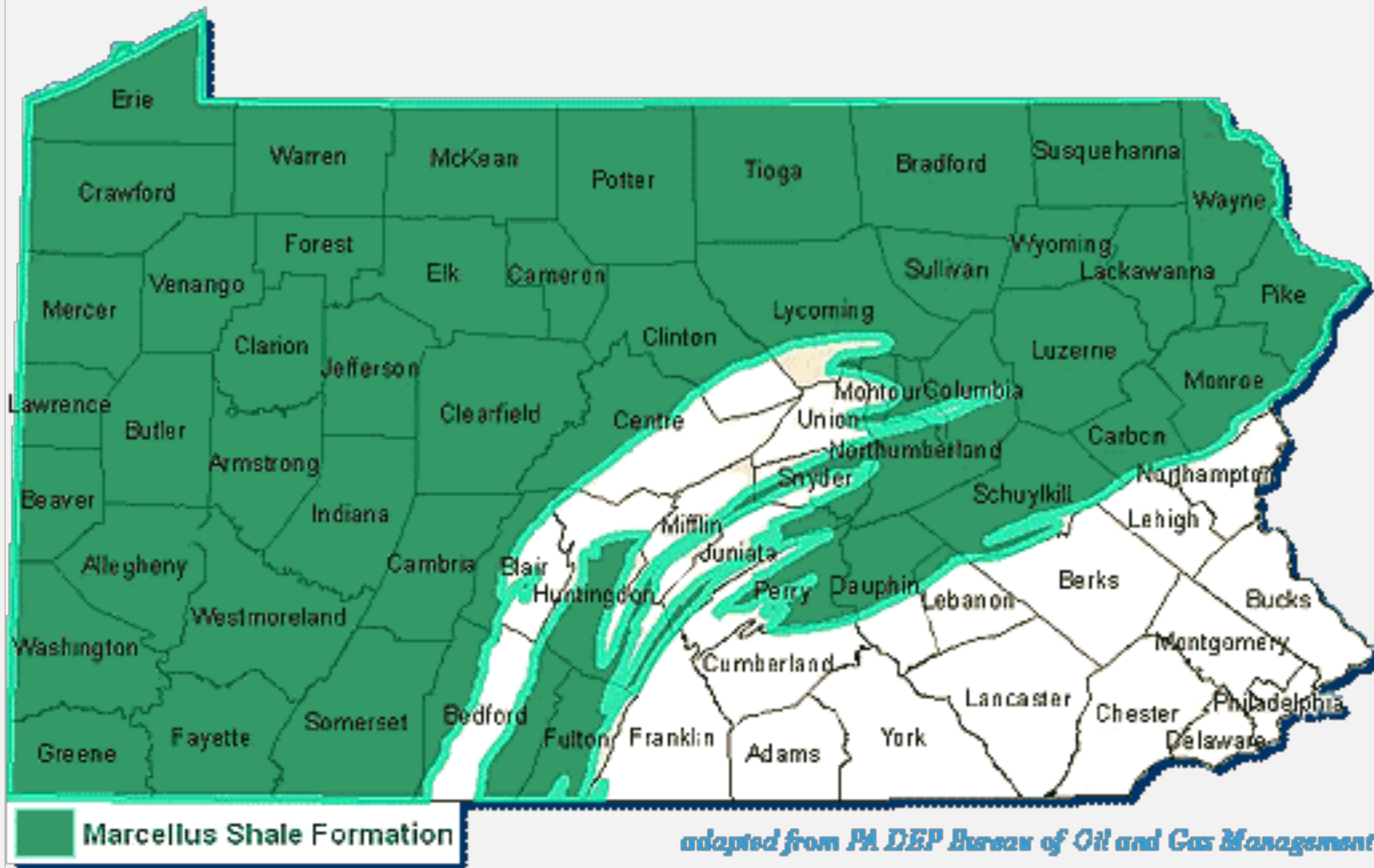


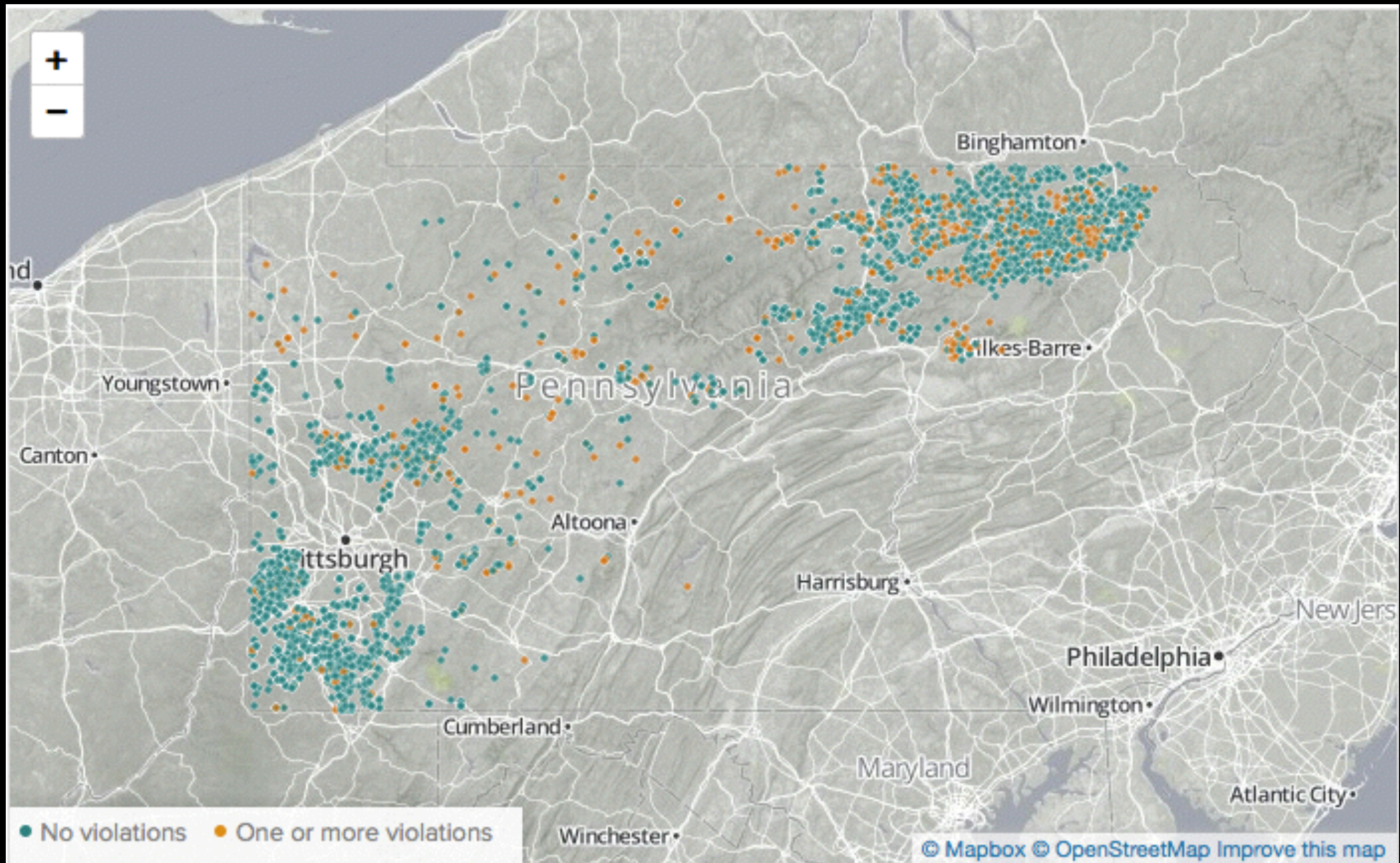
Marcellus Shale Gas is “Wet” Gas

- Methane

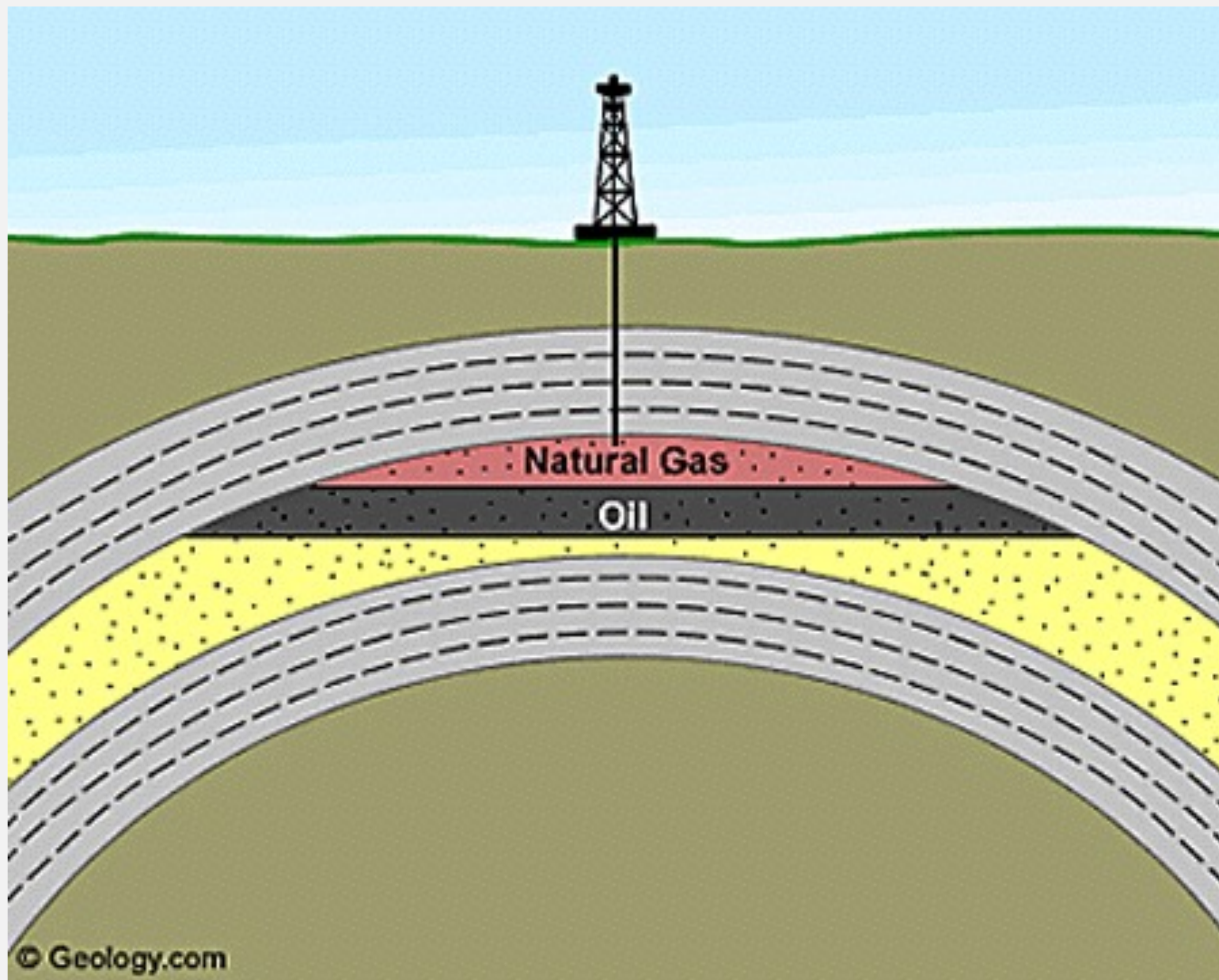
- Liquid fuels: propane, butane, ethane

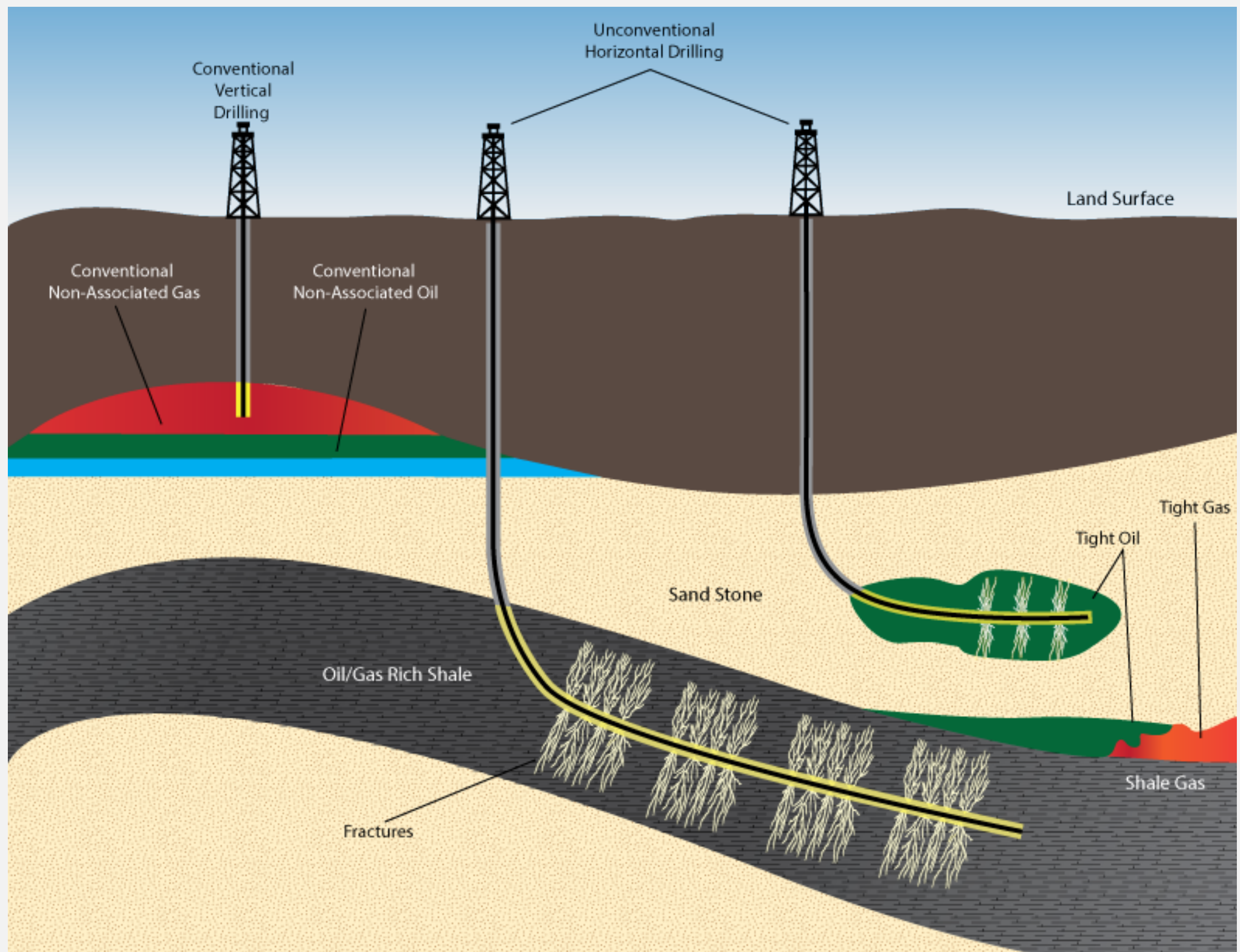
[illegible]

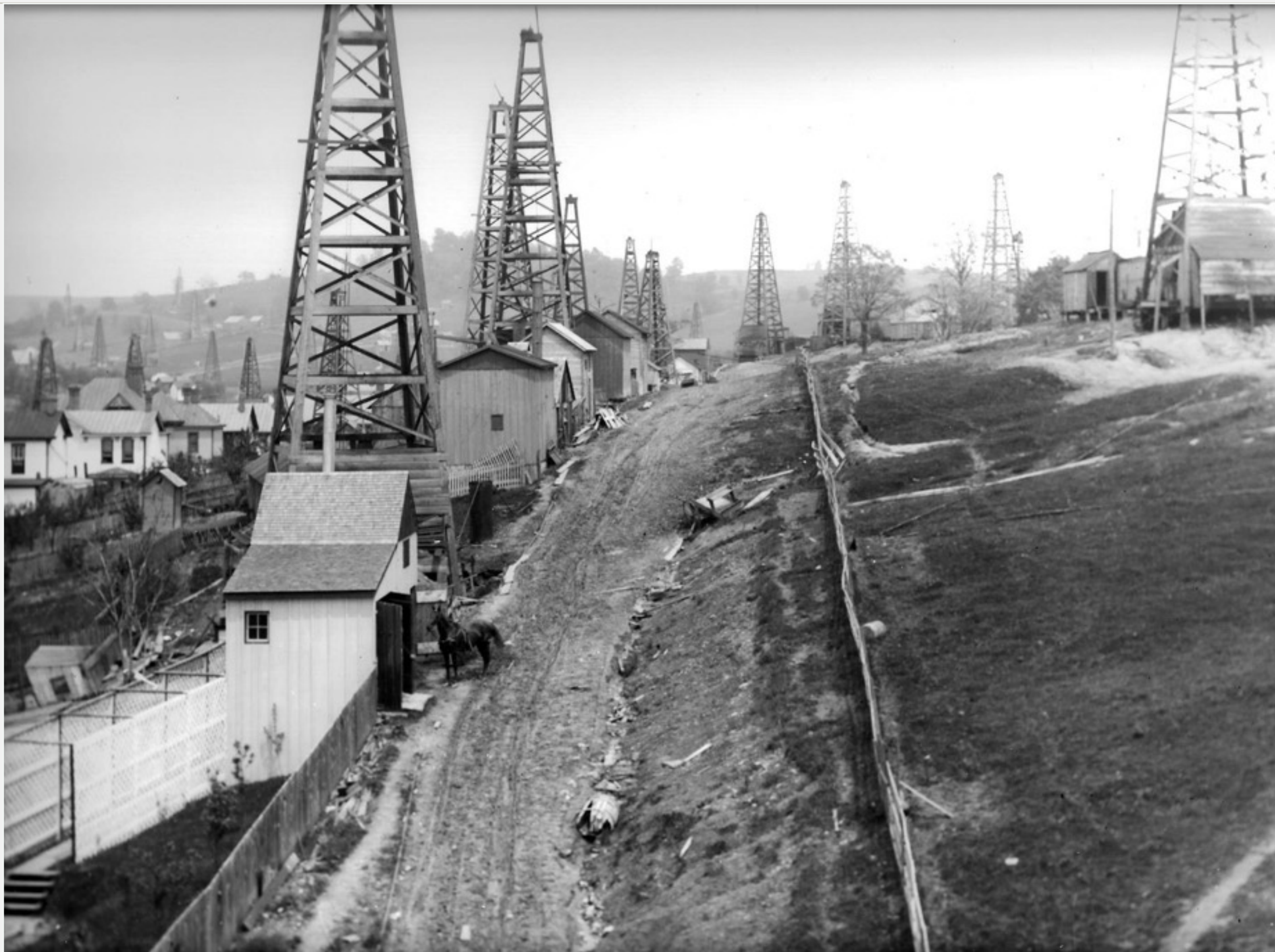




(Southwest PA – Environmental Health Project)







Washington, PA (c. 1882)

(Robert Donnan Family Archive)

Abandoned oil well

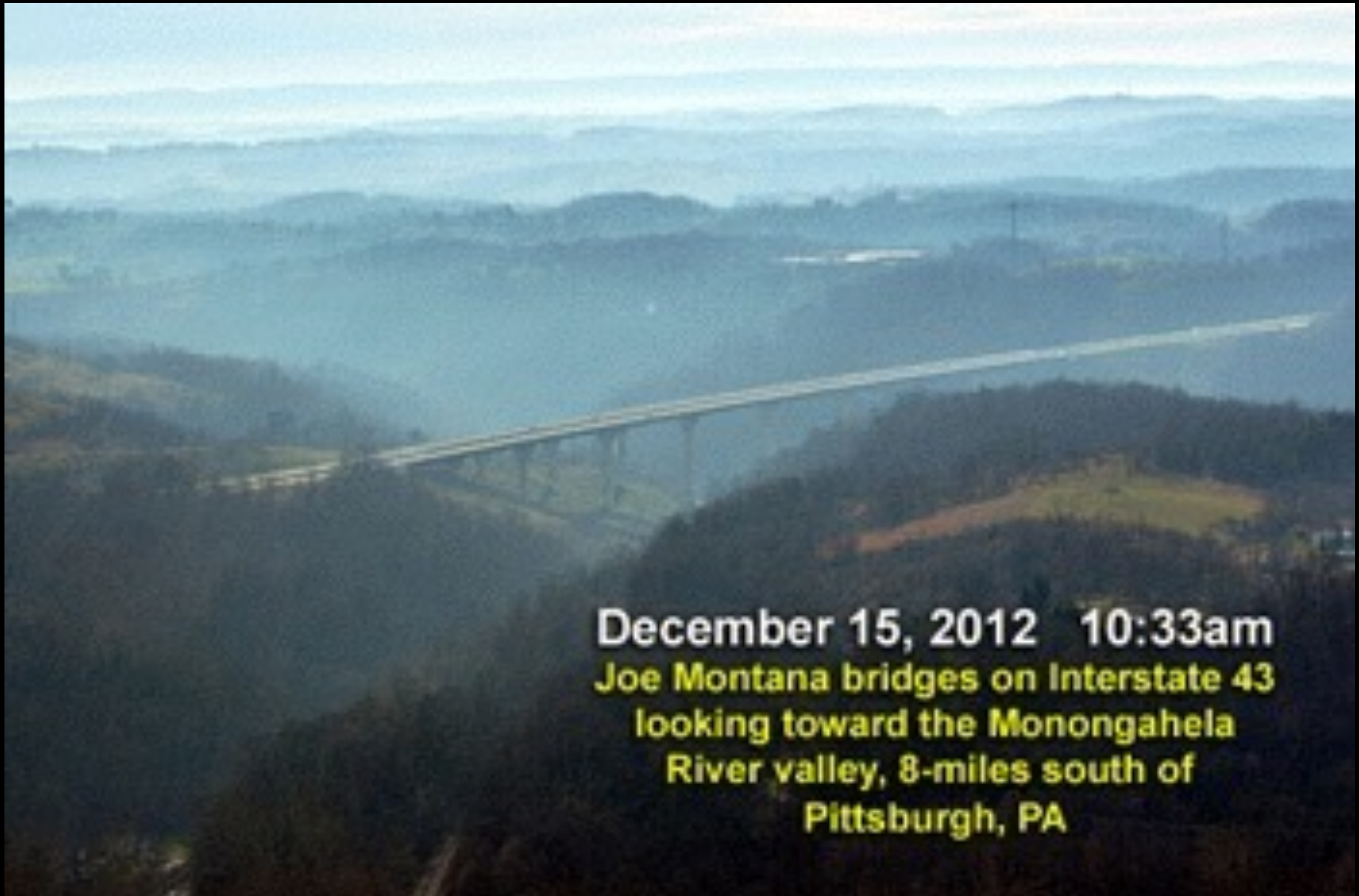
Canton Township, Washington Co.



(Photo: Robert Donnan)



(Robert P. Ruschak/Google Images)



December 15, 2012 10:33am
Joe Montana bridges on Interstate 43
looking toward the Monongahela
River valley, 8-miles south of
Pittsburgh, PA

Important points about UNG development

1. Emissions of toxics occur at every stage of the process.
2. Emissions don't stay in one place.
 - > trucks travel
 - > winds blow
 - > rivers and streams flow
 - > what goes up comes down
 - > climate, weather patterns, topography help determine exposure
3. Liquids leak & spill, on well pads and off well pads.
4. Gases are vented accidentally and on purpose.
5. Chemicals that leak, spill, or are aerosolized remain a mystery.
6. Earth is a closed system. What happens here stays here.

Roughly 200 tanker trucks deliver water for the fracturing process.

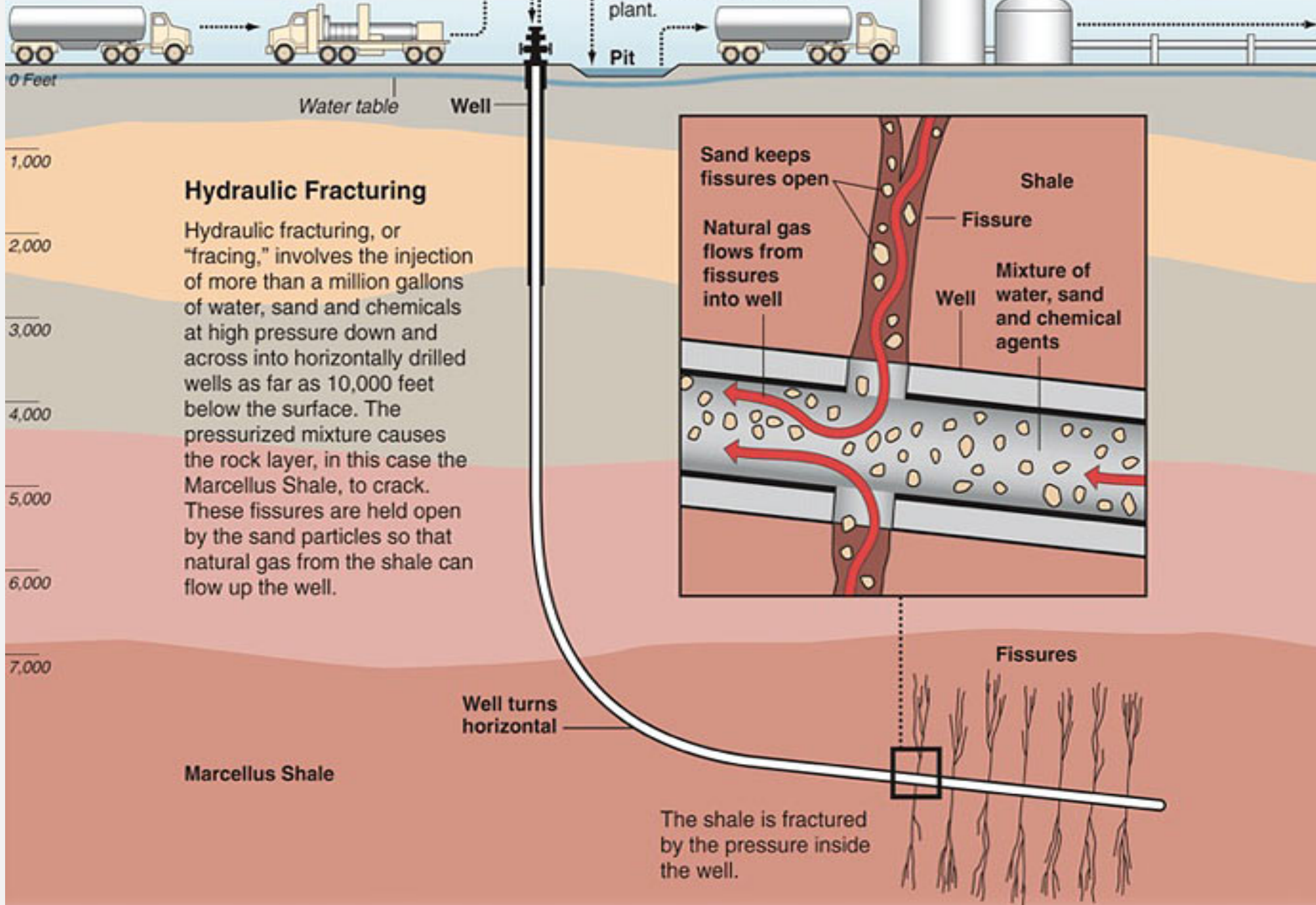
A pumper truck injects a mix of sand, water and chemicals into the well.

Natural gas flows out of well.

Recovered water is stored in open pits, then taken to a treatment plant.

Storage tanks

Natural gas is piped to market.



Shale Gas Development: What Goes Down?

- Drill Bit
- Steel piping and cement
- Fresh Water
- Sand
- Chemicals (proprietary)

Flowback: What Comes Back Up?

- Drill Cuttings
- Contaminated Water
 - > Fracking chemicals
 - > Salts
 - > Natural elements (lead, arsenic)
 - > Naturally-occurring radioactive materials (NORM's)
- Non-fuel Gases (VOCs, PAHs, hydrogen sulfide, radon)
- Methane
- Liquid Fuels (propane, butane, ethane)

Airborne Emissions — Adverse Health Effects

- > Emissions occur at every stage of UNG development.
- > Symptoms from exposure are well-known from decades of occupational research.
- > Exposure to toxics based on several factors:
 - proximity to emissions
 - duration of exposure
 - individual susceptibility (age, gender, pre-existing conditions)
 - use of personal protective equipment
- > Exposure may be continuous or sporadic.
- > Exposure may involve multiple chemicals at once from one or from multiple sources in the vicinity of the exposed person.



“Drilling is just the beginning.” (Range Resources motto)

(Photos: Robert Donnan)

Airborne Emissions — Adverse Health Effects

Acute Exposures

>>> Upper respiratory — congestion, conjunctivitis, nosebleeds, sore throat, cough.

>>> Lower respiratory — cough, wheezing, shortness of breath.

>>> Systemic — rashes, headache, dizziness, nausea, vomiting, mental status changes, seizures, death.

Chronic Exposures

>>> permanent neurologic impairment; liver, renal, myocardial damage; cancer.

Unconventional Natural Gas Development

– Airborne Emissions –

- Fracking Chemicals
- Volatile Organic Compounds (VOC)
- Polycyclic Aromatic Hydrocarbons (PAH)
- Particulate Matter (PM)
- Radioactive Elements (Radon)
- Carbon monoxide (CO)
- Carbon dioxide (CO₂)
- Nitrogen dioxide (NO₂)
- Sulfur dioxide (SO₂)
- Methane

VOCs + NO₂ + SUNLIGHT = OZONE

OZONE + PARTICULATE MATTER = SMOG

Well Pad Preparation (Deforestation)



Truck Transport



(SWPA-Environmental Health Project)

Truck Transport



Truck Transport



Truck Transport



(marcellus-shale.us)

Drilling



(SWPA-Environmental Health Project)

Drilling



(Ecowatch.com/Google Images)

Drilling



([vice.com/Google Images](https://www.vice.com/en_us/article/energy/usa/energy-drilling))

Drilling



(Beaver Run Reservoir (Google Images))

Hydraulic Fracturing of Shale (Fracking)



©2014 Marcellus Air

Fracking



(jasonmunster.com/Google Images)

Flowback (Wastewater) Impoundment



Flowback (Wastewater) Impoundment



(SWPA-Environmental Health Project)

Flowback (Wastewater) Impoundment



Flowback (Wastewater) Impoundment



(marcellus-shale.us)

Condensate Tanks



(SWPA-Environmental Health Project)

Venting ("Pig Launcher")



(SWPA-Environmental Health Project)

Flaring



(SWPA-Environmental Health Project)

Pipelines



(SWPA-Environmental Health Project)

Compressor Station



(SWPA-Environmental Health Project)

Metering Station



(SWPA-Environmental Health Project)


Natural Gas Processing Facility



(marcellus-shale.us)



(Southwestern PA - Environmental Health Project)

An aerial photograph showing a rural landscape with rolling hills. In the foreground, there is a large school complex with several buildings, a water tower, and a parking lot. To the right of the school, there are two baseball fields. In the middle ground, there is a large, open field with some structures and a road. In the background, there are more hills and a small town or village. The text "Chiarelli Pad" is overlaid on the left side of the image, and "Fort Cherry Jr/Sr High School" is overlaid at the bottom. The source "(Marcellus Air)" is noted in the bottom right corner.

Chiarelli Pad

Fort Cherry Jr/Sr High School

(Marcellus Air)

MARCELLUS AIR @ www.marcellus-shale.us



Air Pollution in Children

- Increases risk of developing asthma.
- Increases frequency and severity of respiratory symptoms in children with pre-existing asthma and other chronic lung conditions.
- Increases the risk of developing and worsening acute lower respiratory diseases (pneumonia, bronchiolitis).
- Increases the risk of common upper airway illnesses (non-allergic rhinitis and conjunctivitis, nosebleeds, sore throats, sinusitis, acute otitis media).
- Increases the risk of other common symptoms: headaches, nausea, abdominal pain, and symptoms associated with stress.



(American Lung Association - State of the Air app/Google Images)

Health Effects of Air Pollution – Cradle to Grave

- Complications of pregnancy
- Infant developmental problems
- Childhood asthma
- Childhood cancer
- Adult lung disease
- Adult heart disease
- Adult cerebral vascular disease
- Cancer
- Premature death

The Social Costs of **FRACKING**



A PENNSYLVANIA CASE STUDY

Psychosocial Impacts of UNGD

SOURCES OF STRESS

- Noise (drilling, fracking, flaring, pig-launcher venting, compressor blowdowns, truck traffic)
- Odors (diesel, hydrocarbon emissions, hydrogen sulfide)
- Light (sleep deprivation)
- Traffic (increased truck-related fatalities)
- Crime (violent crime, property crime, drug and alcohol abuse, STD's)

Health & Shale Gas Development: State of the Science

Friday June 10, 2016 • 8 am – 4 pm
Hyatt Regency • Pittsburgh International Airport, PA

Program Overview

This is a conference for healthcare providers and community members that will discuss unconventional gas development and related health effects. Join us to understand the interdisciplinary and multi-agency/sector roles in environmental health, and how they are critical in protecting public health.

Learning Objectives

At the conclusion of the conference, participants should be able to:

- Describe environmental health risks related to unconventional gas development.
- Identify physical and psychological symptoms related to environmental exposures from unconventional gas extraction and development.
- Characterize unconventional gas development health risks across populations and across the life cycle.
- Identify the role governmental agencies play in protecting the health of communities impacted by unconventional gas development.

Target Audience

This continuing education activity is meant to attract physicians, residents, medical students, nurse practitioners, nurses, physician assistants, social workers and community members interested in learning about the health impacts of gas drilling activities.

Are you worried about your health because you live near gas drilling?

Industrial activities like gas drilling can pollute the air, water, and soil in nearby homes. The suggestions provided here are used in places where people are concerned about the quality of their air, water and other aspects of their environment. We make these suggestions because research shows that these steps can protect people from pollution in their immediate environment – in and around their homes.

Here are **3 Good Things to Do** if you live near gas drilling.

1 Clear the Air

Take off your shoes when you come inside. Keep contaminated soil out of your home.

Clean your house often. Use a vacuum that can fit a HEPA filter. Don't sweep with a broom.

Clean kids' outdoor toys and the floors where they play often. If possible, wipe down swing sets and other play sets outside.

Wipe off pets' paws and fur before they come inside.

Cover all food containers. Don't leave food uncovered.

Vent the air in places where you use water. Open windows or run an exhaust fan in the bathroom, kitchen, laundry room. If you have a stove fan, always use it while cooking.

Let fresh air in your home when it is breezy outside, usually in the middle of the day. Unhealthy air can collect closer to ground level when the air is still, usually in the morning and evening. Contact us to learn about air filters.

2 Use Clean Water

Don't rely on one-time water tests to tell you if your water is safe to drink and use. Accidents and contamination can happen at any time.

Consider using bottled water for drinking, cooking and making drinks like baby formula, coffee, and juice.

If you must drink or cook with your tap water, leave it *uncovered* in a pitcher or bottle in the refrigerator overnight before using it.

Stop drinking your water if you or someone in your family has stomach pain or discomfort, confusion, nosebleeds, muscle pains or other unusual symptoms.

If your water burns your skin or causes a rash, take showers and baths somewhere else. Go see your doctor or call our office to see our nurse practitioner.

3 Look for Changes

Keep a health diary. Write down changes in your health and changes you notice in your water or air. Share this information with your health care provider.

Remember that children, senior citizens or people with chronic health conditions are more sensitive. Pay special attention to changes in their health.

Check your water for total dissolved solids (TDS). This can tell you if your water changes and if there may be a problem with your water supply. Contact us for more information about checking for TDS.

Contact us to learn about ways to monitor the air inside your home.

Call us to see our nurse practitioner or ask questions. **Visit our website** for more info.

724.260.5504 • www.environmentalhealthproject.org

info@environmentalhealthproject.org

Southwest PA Environmental Health Project • 4198 Washington Road, Suite 5, McMurray, PA, 15317

Kids' Health in the Gas Patch

Edward Ketyer, MD, FAAP
Pediatrician, Pediatric Alliance
AAP Council on Environmental Health
Medical Consultant, SWPA Environmental Health Project
Clinical Assistant Professor of Pediatrics, University of Pittsburgh School of Medicine

References and Resources

Air Pollution

- > Air Quality Indexes (AQI) — Daily reports and regional forecasts of ground-level ozone and particulate matter — www.airnow.gov.
- > Environmental Protection Administration, “Health effects ground-level ozone.” www.epa.gov.
<http://www3.epa.gov/airquality/ozonepollution/health.html>
- > Environmental Working Group, “Body Burden: The Pollution in Newborns. A benchmark investigation of industrial chemicals, pollutants and pesticides in umbilical cord blood.” July 14, 2005. (Pre-pollution in newborns)
<http://www.ewg.org/research/body-burden-pollution-newborns>
- > Gentile, D., Somers, K., and Spahr, J. “Pittsburgh’s air is still plenty dirty.” Pittsburgh Post-Gazette, op-ed. 11/17/13.
<http://www.post-gazette.com/opinion/Op-Ed/2013/11/17/Pittsburgh-s-air-is-still-plenty-dirty-1/stories/201311150219>
- > The Heinz Endowments, “The Health Impacts of Pittsburgh Air Quality: A Review of the Scientific Literature, 1970–2012.”
<http://heinz.org/UserFiles/Library/HealthImpacts-AirQuality.pdf>

Air Pollution and ADHD

- > Perera, F.P., et al “Early-Life Exposure to Polycyclic Aromatic Hydrocarbons and ADHD Behavior Problems.” *Plos One* November 5, 2014.
<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0111670>

Air Pollution and Autism

- > Raz, R. et al “Autism Spectrum Disorder and Particulate Matter Air Pollution before, during, and after Pregnancy: A Nested Case–Control Analysis within the Nurses’ Health Study II Cohort.” *Environmental Health Perspectives* Vol 123 Issue 3 March 2015
<http://ehp.niehs.nih.gov/1408133/>
- > Talbott, E., “The Association of National Air Toxics Assessment Exposures and the Risk of Childhood Autism Spectrum Disorder: A Case Control Study.” *American Association for Aerosol Research* (abstract).
<http://aaarabstracts.com/2014/viewabstract.php?pid=599>
- > Volk, H.E., et al “Traffic-Related Air Pollution, Particulate Matter, and Autism.” *JAMA Psychiatry* January 2013, Vol 70, No. 1.
<http://archpsyc.jamanetwork.com/article.aspx?articleid=1393589>
- > Volk, H.E., et al “Autism spectrum disorder: interaction of air pollution with the MET receptor tyrosine kinase gene.” *Epidemiology* 2014 Jan;25(1):44-7.
<http://www.ncbi.nlm.nih.gov/pubmed/24240654>

Air Pollution and Obesity

- > Rundle, A., “Association of childhood obesity with maternal exposure to ambient air polycyclic aromatic hydrocarbons during pregnancy.” *American Journal of Epidemiology* 2012 April 13.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3491973/>

Unconventional Natural Gas Development and Health

- > Bamberger, M., & Oswald, R.E. (2012). “Impacts of gas drilling on human and animal health.” *New Solutions*, 22, (1), 51-77> doi:10.2190/NS.22.1.e. <http://www.ncbi.nlm.nih.gov/pubmed/22446060>
- > Brown, D. R., Lewis, C. L., & Weinberger, B. I. (2015) “Human exposure to unconventional natural gas development: A public health demonstration of periodic high exposure to chemical mixtures in ambient air.” *Journal of Environmental Science and Health, Part A*, 50:5, 460-472.
<http://dx.doi.org/10.1080/10934529.2015.99266>
- > Colborn, T., Kwiatkowski, C., Schultz, K., & Bachran, M. (2011). “Natural gas operations from a public health perspective.” *Human and Ecological Risk Assessment: An International Journal*.
http://www.psehealthyenergy.org/Natural_Gas_Operations_from_a_Public_Health_Perspective

> Factor-Litvak, P., et al “Persistent Associations between Maternal Prenatal Exposure to Phthalates on Child IQ at Age 7 Years.” Plos One December 10, 2014.
<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0114003>

> Ferrar, K.J., Kriesky, J., Christen, C. L, Marshall, L. P., Malone, S. L., Sharma, R. K., Michanowicz, D. R., & Goldstein, B. D (2013). “Assessment and longitudinal analysis of health impacts and stressors perceived to result from unconventional shale gas development in the Marcellus Shale Region,” International Journal of Occupational and Environmental Health, 19(2):104-12.
<http://www.maneyonline.com/doi/abs/10.1179/2049396713Y.0000000024?journalCode=oeh>

> Finkel, M. L., & Hays, J. (2013). “The implications of unconventional drilling for natural gas: A global public health concern.” Public Health, 127(10), 889. doi: 10.1016/j.puhe.2013.07.005.[http://www.publichealthjrnal.com/article/S0033-3506\(13\)00241-2/fulltext](http://www.publichealthjrnal.com/article/S0033-3506(13)00241-2/fulltext)

> Finkel, M. L., Hays, J., & Law, A. (2013). “The shale gas boom and the need for rational policy.” American Journal of Public Health, 103(7), 1161-1162.
<http://www.ncbi.nlm.nih.gov/pubmed/23678928>

> Finkel, M.L., & Law, A. (2011). “The rush to drill for natural gas: A public health cautionary tale.” American Journal of Public Health, 101, 784-785. Retrieved July 19, 2014.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3076392/>

> Hill, E. (2012). Working paper. “Unconventional gas development and infant health: Evidence from Pennsylvania.” The Charles H. Dyson School of Applied Economics and Management, Cornell University. http://www.researchgate.net/publication/241750826_Unconventional_Natural_Gas_Development_and_Infant_Health_Evidence_from_Pennsylvania

> Institute of Medicine. “Health Impact Assessment of Shale Gas Extraction: Workshop Summary.” Washington, DC: The National Academies Press, 2014.

> Li,S., Williams, G., Jalaludin, B., Baker, P. (2012). “Panel studies of air pollution on children’s lung and function and respiratory symptoms: A literature review.” *Journal of Asthma*, 49(9), 895- 910.

> McKenzie, L.M., et al “Birth Outcomes and Maternal Residential Proximity to Natural Gas Development in Rural Colorado.” *Environmental Health Perspectives* Volume 122 Issue 4 April 2014.
<http://ehp.niehs.nih.gov/1306722/>

> McKenzie, L. M., Witter, R. Z., Newman, L. S., & Adgate, J. L. (2012). Human health risk assessment of air emissions from development of unconventional natural gas resources. *Science of the Total Environment*, 424, 79-87. doi: 10.1016/j.scitotenv.2012.02.01
<http://www.sciencedirect.com/science/article/pii/S0048969712001933>

> Rabinowitz, P.M., et al “Proximity to Natural Gas Wells and Reported Health Status: Results of a Household Survey in Washington County, Pennsylvania.” *Environmental Health Perspectives*, 9/10/14.
<http://ehp.niehs.nih.gov/1307732/>

> Saberi, P., Propert, K. J., Powers, M., Emmett, E., & Green-McKenzie, J. (2014). “Field survey of health perception and complaints of Pennsylvania residents in Marcellus Shale region.” *International Journal Res. Public Health*, 11(6), 6517-6527. Doi 10.3390/ijerph110606517.
<http://www.medscape.com/medline/abstract/25003172>

> Steinzor, N., Subra, W., Sumi, L., “Investigating links between shale gas development and health impacts through a community survey project in Pennsylvania.” *New Solutions*, Vol. 23(1) 55-83, 2013.
<http://new.sagepub.com/content/23/1/55.long>

> Stacy, S. L., Brink, L. A., Larkin, J. C., Sadovsky, Y., Goldstein, B. D., Pitt, B. R., & Talbott, E. O. (2015), “Perinatal outcomes and unconventional natural gas operations in Southwest Pennsylvania.” *PLoS One*, 10(6); e0126425. doi:10.1371/journal.pone.0126425.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4454655/>

> Subra. (2009). “Results of health survey of current and former DISH/Clark Texas resident.” Retrieved from: Subra. (2009). Results of health survey of current and former DISH/Clark Texas resident.

> Subra, W. (2010). “Community health survey results: Pavillion WY residents.”
<http://www.earthworksaction.org/files/publications/PavillionFINALhealthSurvey-201008.pdf>

> Webb, E., et al “Developmental and reproductive effects of chemicals associated with unconventional oil and natural gas operations.” *Reviews on Environmental Health* Vol 29, Issue 4 (Dec 2014).
<http://www.degruyter.com/view/j/reveh.2014.29.issue-4/reveh-2014-0057/reveh-2014-0057.xml?format=INT>

Social Consequences of Shale Gas Development

> Food & Water Watch. (2013). “The social costs of fracking: A Pennsylvania case study.”
www.foodandwaterwatch.org.

https://www.foodandwaterwatch.org/sites/default/files/Social%20Costs%20Fracking%20Report%20Sept%202013_0.pdf

> Greiner, L., Resick, L. K., Brown, D., & Glaser, D. "Self-reported health, function and sense of control in a convenience sample of adult residents of communities experiencing rapid growth of unconventional natural gas extraction: A cross-sectional study." Unpublished manuscript.

> "Many Stressors Associated With Fracking Due to Perceived Lack of Transparency and Trust, Pitt Finds." University of Pittsburgh Graduate School of Public Health, News Release, April 29, 2013.<http://www.upmc.com/media/NewsReleases/2013/Pages/pitt-study-fracking-stressors.aspx>

> Multi-State Shale Research Collaborative, "The Shale Tipping Point: The Relationship of Drilling to Crime, Traffic Fatalities, STD's, and Rents in Pennsylvania, West Virginia, and Ohio." December 2014

<https://drive.google.com/viewerng/viewer?a=v&pid=sites&srcid=ZGVmYXVsdGRvbWFpbntdWx0aXN0YXRlc2hhbGV8Z3g6Mjc2Y2QxOGQ0M2JiZmY2ZA>

> Owens, J., "Insufficient Sleep in Adolescents and Young Adults: An Update on Causes and Consequences." *Pediatrics* September 2014, Volume 134, Issue 3.
<http://pediatrics.aappublications.org/content/134/3/e921.abstract?sid=c9a19cb1-cb18-48eb-a044-653344aef48d>

> Smaldone, A., et al "Sleepless in America: Inadequate Sleep and Relationships to Health and Well-being of Our Nation's Children." *Pediatrics* February 2007, Volume 119, Issue Supplement 1

http://pediatrics.aappublications.org/content/119/Supplement_1/S29.abstract?sid=c9a19cb1-cb18-48eb-a044-653344aef48d

> Resick, L. K., Knestruck, J.M., Counts, M.M., & Pizzuto, L. K. (2013). "The meaning of health among mid-Appalachian women within the context of the environment." *Journal of Environmental Studies and Sciences*, 3, 290-296.

<http://link.springer.com/article/10.1007/s13412-013-0119-y>

Other Resources

> Southwest Pennsylvania Environmental Health Project (SWPA-EHP) - www.environmentalhealthproject.org.

> ToxTown - http://toxtown.nlm.nih.gov/text_version/chemicals.php?id=30a

> US Department of Transportation. "Safe transport of energy products."

<http://www.phmsa.dot.gov/hazmat/osd/calltoaction>.

> Wingspread. (1998). "Precautionary principle."<http://www.gdrc.org/u-gov/precautionary-principle.html>